KETOGEVITY

LONGEVITY THROUGH THE SCIENCE OF KETOSIS

# Fee Schedule & Consultation Structure

All consultations are conducted remotely (virtual/online). This program is designed as a comprehensive metabolic and oncological support pathway over a 6–12-week period. This updated structure reflects a medically guided, research-based metabolic and oncological support program.

### Initial Consultation – R1500 < 60 min consult

1. Medical and metabolic assessment (history, lifestyle, biomarkers where available)
2. Oncological evaluation incorporating a ketogenic lifestyle:
   - Cancer type, staging, and biological behavior
   - Current and planned oncology treatment (chemotherapy, immunotherapy, radiation)
   - Personalized metabolic strategy aligned with oncology care
3. Introduction to the science of ketosis and therapeutic metabolic strategies
4. Personalized ketogenic framework and implementation plan
5. Discussion of baseline blood tests (glucose, lipids, renal, thyroid, inflammatory and cardiovascular markers)
6. Nutritional, lifestyle and supplementation guidance tailored to the individual

### 1- 2 Week Follow-Up – R650 < 20 min consult (Routine)

1. Review of progress and symptom tracking
2. Interpretation of further / outstanding baseline blood results
3. Ketone monitoring and hydration status
4. Macronutrient adjustments and optimization
5. Questions & Answers

### 4 Week Follow-Up – R650 < 20 min consult (Optional)

1. Progress review and clinical reassessment
2. Ketone and metabolic status evaluation
3. Energy levels, cognitive function, and overall wellbeing assessment
4. Macronutrient refinement
5. Questions & Answers

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**6 Week Follow-Up – R650 < 20 min consult (Advisable)**

1. Ongoing metabolic and clinical assessment
2. Ketone monitoring review and keto-adaptation evaluation
3. Evaluation of overall wellbeing and treatment tolerance
4. Adjustment of metabolic strategy as needed
5. Questions & Answers

**12 Week Follow-Up – R950 < 20 min consult (Advisable)**

1. Comprehensive reassessment
2. Review of metabolic progress and clinical outcomes
3. Analysis and interpretation of repeat blood work and comparison to baseline
4. Long-term metabolic and oncological support planning

**Additional Consultations – R650**

Any additional consultations required beyond the structured program.

**Additional Time after 20 min sessions – R250 per 15 min**

Any additional consultations required beyond the structured program.

**Additional Documentation**

• Personalized protocols, reports, or structured treatment documents (Word/PDF): R250 per document

**Please note:** This practice bills all patients at 200% above Discovery Classic Comprehensive Rates (DCR). With the correct ICD 10 and procedure codes a portion of this is claimable back from your medical aid scheme based on the plan / day to day savings that you may have.

We thank you for choosing KetoGevity SA as part of your metabolic health journey.